

Fast Friends: Create new, instant connections

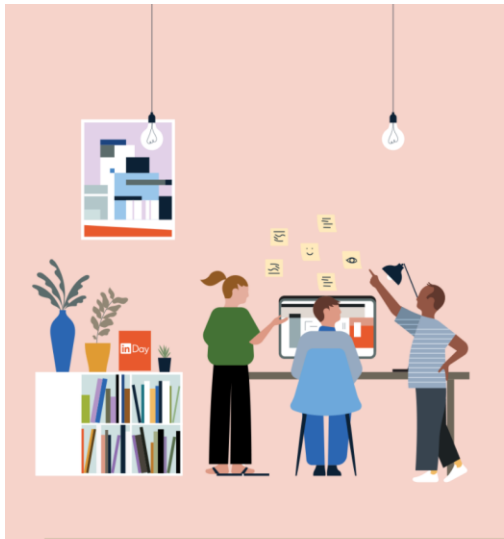
Use this “Fast Friends” guide to organize a 30-minute virtual event that offers spontaneity, belonging moments and instant relationship building as if employees are in a micro kitchen or office hallway.

How it works

Employees opt in to join a virtual Zoom breakout event where they are randomly paired up and given 15 minutes to connect, converse and enjoy the company of fellow co-workers. To spark conversation, provide 2-3 prompts to help get the discussion started.

Time	Logistics
5 mins	<p>Set an energizing tone:</p> <ul style="list-style-type: none"> Facilitator plays music and shares welcome slides Greet people as they join, encourage them to introduce themselves in the chat <p>Kick off the party:</p> <ul style="list-style-type: none"> Kick off the event and explain format of “Fast Friends” Share the suggested prompts they can use; share they have 15-minutes in breakouts Post the prompts in the event’s chat as well as on a slide <p>Nail those logistics:</p> <ul style="list-style-type: none"> Another facilitator is simultaneously getting the breakout rooms set up for a 15-minute breakout with a 30-second end timer Randomize the room assignments
15 mins	Teams are in breakouts becoming Fast Friends
5 mins	<ul style="list-style-type: none"> Welcome employees back to the main virtual room Encourage them to add one word to the chat that sums up their experience End with a group screenshot photo!

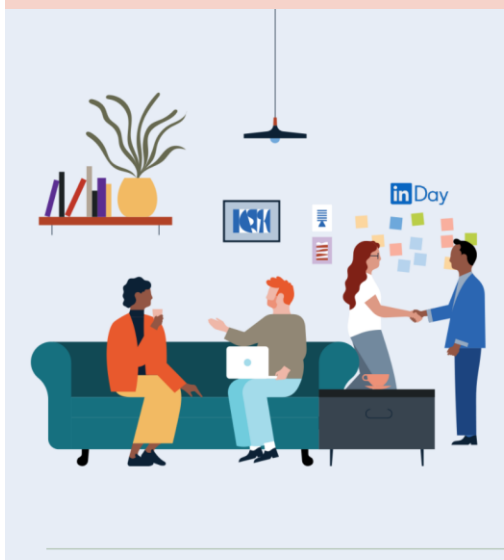
Sample slides



Welcome!

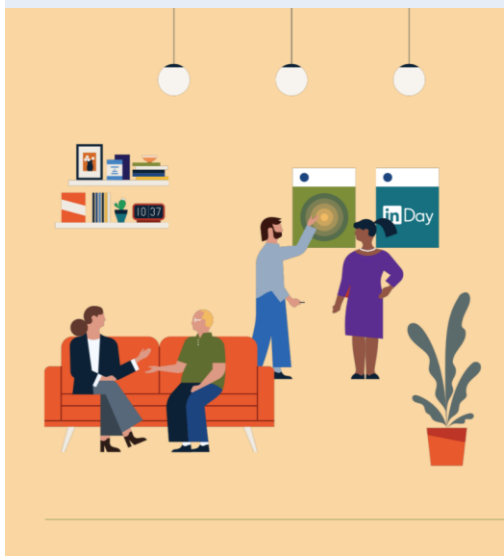
Missing the connections that happen in the office? We've got you covered.

Join "Fast Friends" to meet fellow teammates, create belonging moments, and make some new friends in record time via virtual breakouts!



Here's how it works!

- You will be placed in a 15-minute breakout room in teams of 2 or 3.
- Please turn your video is on.
- Use the prompts to connect and learn about one another (optional).
- Use the last 60 seconds of your session to add each other on LinkedIn and keep in touch!



Get chatting! *(optional prompts)*

- Introduce yourselves (name, role, location)
- Share a personal or professional gratitude.
- What's your most unusual talent?
- What's one tradition you have (with yourself or others) you always look forward to?
- What is something you recently celebrated or are looking forward to celebrating soon?